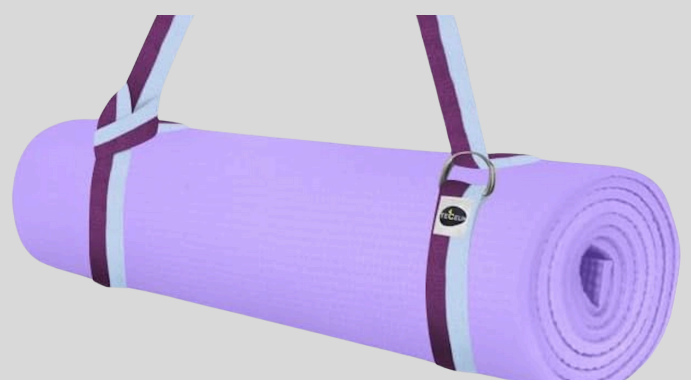
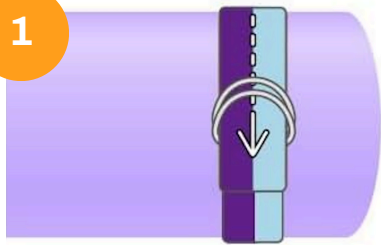


***Easy to carry
wherever you go!***



How To Use Your Yoga Mat Strap:

1



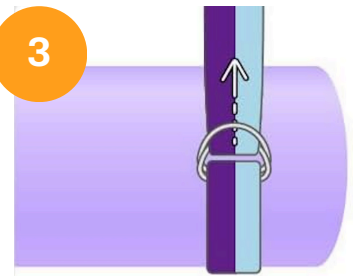
Wrap the strap around your mat and through both D-rings

2



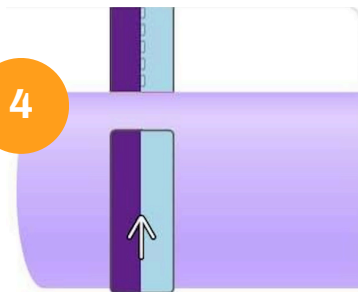
Thread the end backwards through the 2nd D-ring

3



Pull the end to tighten and secure the first end of the mat

4



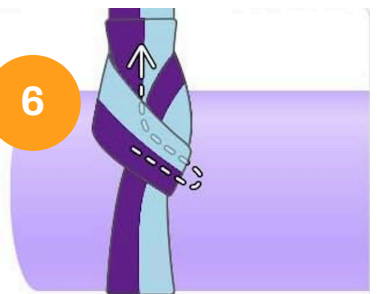
Wrap the strap around the other end of the mat

5



Loop the strap around itself to create a knot

6



Pull the strap to tighten the knot

AtlasTravel



**Your yoga mat strap can also
be used for stretching workouts that you might
typically perform with a traditional exercise band**