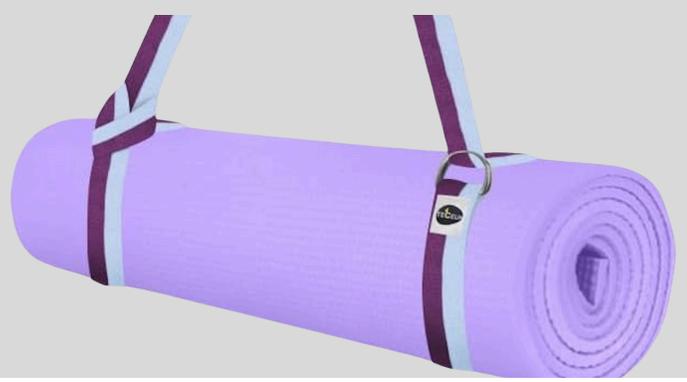
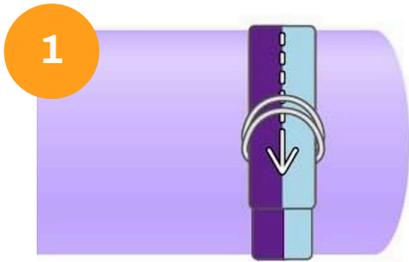


***Easy to carry
wherever you go!***



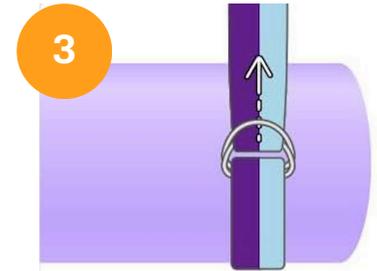
How To Use Your Yoga Mat Strap:



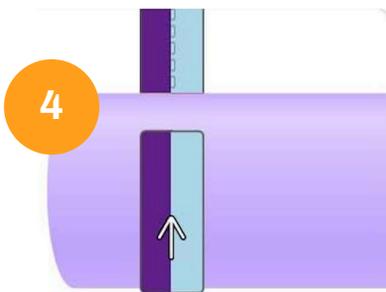
1
Wrap the strap around your mat and through both D-rings



2
Thread the end backwards through the 2nd D-ring



3
Pull the end to tighten and secure the first end of the mat



4
Wrap the strap around the other end of the mat



5
Loop the strap around itself to create a knot



6
Pull the strap to tighten the knot

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Your yoga mat strap can also be used for stretching workouts that you might typically perform with a traditional exercise band